



CIGNA 90 NOW RETAIL PHARMACY DIRECTORY

**For customers who must use a 90-day network
pharmacy to fill their 90-day prescriptions**

Together, all the way.®



Offered by: Cigna Health and Life Insurance Company or Connecticut General Life Insurance Company.

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Filling your maintenance medications just got easier with Cigna 90 Now

With Cigna 90 NowSM, your plan offers a retail pharmacy network that gives you more choice in where you can fill your prescriptions for the medications you take every day. There are thousands of retail pharmacies in your network. They include local pharmacies, grocery stores, retail chains and wholesale warehouse stores – all places where you may already shop!

Under your plan, 90-day prescriptions have to be filled at one of the 90-day retail pharmacies in your network, or Cigna Home Delivery PharmacySM, to be covered.¹

Where you can fill your prescriptions

The following is a list of the largest retail pharmacy chains in the United States that participate in your network. In addition to the chains listed, Cigna has contracted with a number of independent retail pharmacies in each state.

Every pharmacy in your network can fill a 30-day prescription, and a select number of pharmacies can fill a 90-day prescription. Pharmacies that can fill a 90-day prescription will have this symbol  next to them. To see a complete list of retail pharmacies in your network, go to **Cigna.com/Rx90network**.

Medications delivered to your door

Cigna Home Delivery Pharmacy will deliver your maintenance medication to you at the location of your choice. And standard shipping is always free. For more information, please call customer service at **800.285.4812**, or visit **Cigna.com/home-delivery-pharmacy**.



Questions?

Please call customer service using the number on the back of your Cigna ID card. We're here to help.

You can also visit **Cigna.com/Rx90network** for more information about your network.



PHARMACY DIRECTORY

Pharmacies with this symbol  next to them can fill 30-day or 90-day prescriptions. Pharmacies without that symbol can only fill up to a 30-day supply. Call your local retail pharmacy to make sure they can fill your prescription in a 90-day supply.

Acme Pharmacy 

Aurora Pharmacy 

Bartell Drugs

Benzer Pharmacy 

Big Y Pharmacy 

Bi Lo Pharmacy

Bi-Mart Pharmacy

Brookshire Brothers Pharmacy 

Brookshires Pharmacy

Community Pharmacy 

Costco Pharmacy

Cub Pharmacy

CVS Pharmacy (includes Target) 

Dillon Pharmacy 

Discount Drug 

Dod

Duane Reade

Family Pharmacy 

Food City Pharmacy

Fred Meyer Pharmacy 

Fred's Pharmacy 

Freds Pharmacy 

Fry's Food And Drug 

Genoa, A Qol Healthcare

Giant Pharmacy

Giant Eagle Pharmacy

Hannaford Food And Drug

Harris Teeter Pharmacy 

Heb Pharmacy

Hometown Pharmacy 

Hy-Vee Pharmacy

Ingles Pharmacy

King Kullen Pharmacy 

King Soopers Pharmacy 

Kinney Drugs

KMart Pharmacy

Kroger Pharmacy 

Longs Drugs 

Marc's 

Marsh Drugs, LLC 

Martin's Pharmacy 

Medical Center Pharmacy 

Medicap Pharmacy 

The Medicine Shoppe Pharmacy 

Meijer Pharmacy

Navarro Discount Pharmacy 

Omnicare Pharmacy

Osco Drug

Osco Pharmacy

PharMerica

Pick N Save Pharmacy 

Price Chopper Pharmacy 

Publix Pharmacy

Raleys Pharmacy

Ralphs Pharmacy 

Rite Aid Pharmacy

Safeway Pharmacy

Savon Pharmacy

Schnucks Pharmacy

Shopko Pharmacy

ShopRite Pharmacy

Smiths Pharmacy 

Snyder Drug Emporium 

Stop & Shop Pharmacy

Super RX Pharmacy 

Tom Thumb Pharmacy

Tops Pharmacy 

Vons Pharmacy

Walgreens Pharmacy

Walmart Pharmacy 

Wegmans Food Market Inc.

Weis Pharmacy 

Winn Dixie Pharmacy

Cigna 90 Now FAQs

What's Cigna 90 Now?

- It's a maintenance medication program that includes a 90-day retail benefit and pharmacy network. Maintenance medications are taken every day to treat an ongoing health condition. If you fill your prescription in a 90-day supply, you have to use a 90-day retail pharmacy in your plan's network or Cigna Home Delivery Pharmacy.¹

What kinds of prescriptions are best filled in a 90-day supply?

- Maintenance medications. These are taken regularly, over time, to treat an ongoing health condition, such as diabetes, high blood pressure, cholesterol or asthma.
- With Cigna 90 Now, you can't fill narcotics and specialty medications in a 90-day supply. That's because narcotics are highly-regulated by the government to make sure they're being used safely and effectively. And it's better to fill specialty medications, which are used to treat complex conditions, in a smaller day supply because it can lower your costs due to wasted or unused medications if your prescription changes.

Do I need my doctor's approval to switch to a 90-day prescription?

- Yes, you'll need a prescription for a 90-day supply of your medication.

Are 90-day prescription fills available if I have Cigna Home Delivery Pharmacy?

- Yes. Call Cigna Home Delivery Pharmacy at 800.835.3784 to transfer your prescription.

Are there any benefits or advantages to a 90-day prescription?

- Yes – it's more convenient, you have choice and it helps improve your health.
 1. You'll make fewer visits to the pharmacy to refill your medication.
 2. You can choose where you want to fill your prescriptions – at a local 90-day retail pharmacy or through Cigna Home Delivery Pharmacy.
 3. You're more likely to stay healthy because having a 90-day supply of your medication on hand typically means you're less likely to miss a dose.²

Are there any cost savings associated with 90-day prescription fills?

- Depending on your plan and your medication, you may be able to save money by filling your prescriptions 90 days at a time.

How do I switch pharmacies if:

➤ I have a 90-day prescription and just want to switch pharmacies?

Ask the new pharmacy of your choice to transfer your existing 90-day prescription from your current pharmacy.

➤ I'm currently using a local pharmacy and want to switch to Cigna Home Delivery Pharmacy?

Call Cigna Home Delivery Pharmacy at 800.835.3784 to transfer your existing 90-day prescription.

➤ I'm currently using Cigna Home Delivery Pharmacy and want to use a local pharmacy?

Ask the local pharmacy of your choice to call Cigna Home Delivery Pharmacy at 800.835.3784 to transfer your existing 90-day prescription.

- OR -

Call your doctor's office and let your doctor know the name of your new pharmacy and he or she will send your prescription(s) to the pharmacy of your choice.

1. Plans vary, so some plans may not include Cigna Home Delivery Pharmacy. Please check your plan materials for more information on what pharmacies are covered under your plan.

2. Internal Cigna analysis performed March 2016, utilizing 2015 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.

Para obtener ayuda en español llame al número en su tarjeta de Cigna.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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DISCRIMINATION IS AGAINST THE LAW

Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to ACAGrievance@Cigna.com or by writing to the following address:

Cigna
Nondiscrimination Complaint Coordinator
PO Box 188016
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to ACAGrievance@Cigna.com. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, DC 20201
1.800.368.1019, 800.537.7697 (TDD)
Complaint forms are available at
<http://www.hhs.gov/ocr/office/file/index.html>.



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Proficiency of Language Assistance Services

English – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

Spanish – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

Chinese – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

Vietnamese – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

Korean – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

Tagalog – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

Russian – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

Arabic – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

French Creole – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

French – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

Portuguese – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

Polish – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

Japanese – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

Italian – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

German – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

Persian (Farsi) – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنوايان: شماره 711 را شماره‌گیری کنید).