

The CARES ACT Waives Prescription Requirement for Over-the-counter Medicines

The [Coronavirus Aid, Relief, and Economic Security Act \(CARES Act\)](#) was signed into effect, giving Health Savings Accounts (HSA), participants access to additional eligible products including:

- **Over-the-counter (OTC) drugs and medicines like fever reducers and cold remedies no longer require a prescription to be reimbursed through a pre-tax account, so stock up and stay healthy.**
- **Menstrual care products like pads, tampons, liners, cup sponge, or similar products are now eligible. This is good news for women everywhere.**

The bill is retroactively effective as of January 1, 2020.