

## Summer Berry Parfait with Yogurt and Granola

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*allrecipes.com*

1 SERVING

### INGREDIENTS

- 3/4 cup sliced strawberries
- 3/4 cup blueberries
- 1 (6 ounce) container vanilla yogurt
- 1 tablespoon wheat germ
- 1/2 banana, sliced
- 1/3 cup granola

### PREPARATION

1. Layer 1/4 cup strawberries, 1/4 cup blueberries, 1/3 container yogurt, 1/3 tablespoon wheat germ, 1/3 of the sliced banana, and about 2 tablespoons of granola in a large bowl. Continue to build the parfait, repeating the layers until all of the ingredients are used completely.