

# Step Therapy

## Our Step Therapy program and a guide to lower-cost options



Most medical conditions have multiple medication options. Although the options' clinical effectiveness may be similar, their prices vary widely. With the Step Therapy program, you get the treatment you need, usually at a lower cost.

### Here's how it works:



With this program, you need to try a Step 1 medication first, before a Step 2 medication may be covered. If you bring a prescription for a Step 2 medication to the pharmacy, our system may check your claims history and send the pharmacist Step 1 medication options offered for drug coverage along with information on the Step Therapy program. If you have claims history for a Step 1 medication, the Step 2 medication may be processed. If not, the pharmacist will contact your doctor. If your doctor believes there is a medical reason you cannot take a Step 1 medication, he/she can submit a coverage review to determine if coverage will be approved for Step 2 medication. Only you and your doctor make decisions about your treatment and medication options.



To learn more, visit **myuhc.com**<sup>®</sup> or call the toll-free member phone number on the back of your health plan ID card.



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