

Healthy Recipe: Oat Fruit Nut Granola

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4 cups rolled oats
1 cup coconut flakes
1 cup dried berries
1 cup raw nuts
1/4 cup seeds
1 tbsp. cinnamon
1 tsp. salt
1 cup macadamia nut oil
1/2 cup honey

Preheat oven to 350 F.

Mix the dry ingredients in large bowl. Stir in the macadamia nut oil and honey. Pour into large rectangular baking pan and bake for 25 minutes, stirring about every 8 minutes. For a more chewy granola, bake for 20 minutes. For more crunch, bake for 30 minutes.